

Minutes of the Children's Trust Board meeting held on 4th October 2012
6pm to 8pm
at Carr House Centre, Danum Road, Doncaster

<u>Members</u>	<u>Title</u>	<u>Representing</u>
<u>Present</u>		
Olivia Wakefield (Chair)	Youth Councillor	Doncaster Youth Council
Chris Pratt	Director	DMBC Children and Young People's Service
Ian Hanks	External Relations Manager	Jobcentre Plus
Aysha Ahmed	Youth Councillor	Doncaster Youth Council
Gareth Shanks	Youth Councillor	Doncaster Youth Council
Viktoria Valasik	Youth Councillor	Doncaster Youth Council
Cara Steel	Youth Councillor	Doncaster Youth Council
Amelia Donald	Youth Councillor	Doncaster Youth Council
JP Heseltine	Corporate Parenting Board Member	Corporate Parenting Board
Diane Lawson		Doncaster College
Charlie Lavemai-Goldsbrough	Youth Councillor	Doncaster Youth Council
Amy Horsfield	Youth Councillor	Doncaster Youth Council
Serena Pearce	Youth Councillor	Doncaster Youth Council
Mil Vasic	Assistant Director	DMBC Children and Young People's Service
Cllr Hilary McNamee	Councillor	DMBC Observer Chair of the Schools Children and Young People Scrutiny Panel
Cllr Eric Tatton-Kelly	Councillor	Lead Member for Children and DMBC Children's Social Care
Elaine Hirst	Co-Director of DARTS (Doncaster Community Arts)	Community & Voluntary Service
Jacqui Wiltschinsky	Assistant Director	Public Health
Jasmine Womack	Youth Councillor	Doncaster Youth Council
Andy Kent	Chief Inspector	South Yorkshire Police
<u>In Attendance</u>		
Val Cadwallander-Willoughby	Development Manager	Doncaster Safeguarding Children Board & Children's Trust
Deb Burton	Young People's Training Coordinator	Doncaster Youth Council
David Welch		DMBC
<u>Apologies</u>		
Yvonne Buckley	Head Teacher	Primary School
Paula Jackson-Key	Participation Development Manager/Partnership	Voluntary and Community Services

Leah Wren
Christina Harrison
Emma Winstanley

Youth Councillor
Assistant Director
Youth Councillor

Doncaster Youth Council
RDASH
Doncaster Youth Council

1. Welcome and Introductions

1.1 Olivia chaired and welcomed everyone to the meeting and introductions were made.

2. Apologies

2.1 Apologies were received and are noted above.

2.2 Chris Hickson, will attend the next meeting.

2.3 Future new members to the Board include Steve Green from South Yorkshire Fire and Rescue Services and Catherine Brown, Headteacher from McAuley High School.

3. Minutes

3.1 The minutes of the previous meeting dated 6th September 2012 were agreed as an accurate record.

4. Matters Arising & Actions

4.1 All actions were complete with the exception of the action for Chris to write to all members in relation to attendance.

5. Children's Trust Work Plan

Presentation

5.1 Chris talked about the Children's Trust priorities which include the Children and Young People's Plan Delivery Plans, the Youth Council Priorities for 2012-13 and the three areas from the Inclusion Strategy which were discussed at the Trust previously.

5.2 The Trust previously held a workshop to discuss the Inclusion strategy and came up with 3 priorities; emotional and mental health, Producing a Directory of Services, and Raising aspirations and Profile of Children and Young People.

5.3 Chris went on to say that he felt the delivery plans, youth council priorities and the inclusion strategy priorities should form the Children's Trust Work Plan. If this was accepted by the Trust then leads for each area would need to be identified.

5.4 Chris also suggested that these plans and work areas needed monitoring and reporting on and suggested reports about the progress of two or three every meeting would mean that every priority would be reported on quarterly.

5.5 Chris presented a paper with all this information and asked if this could be discussed.

Discussion and Decision

5.1 Ian asked if Chris had any thoughts on leads for the areas or work and Chris said that he thought that there were people already involved in pulling together the Directory of Services.

5.2 Emotional Wellbeing and Mental Health could be identified through a future workshop and the Trust would look towards CAMHS for this.

5.3 Ian Hanks has a particular interest on raising aspirations and profile of children and young people but would rather contribute than lead in this area. It was agreed that a workshop on this at a future meeting could be used to identify a lead.

5.4 Debbie explained that at the next trust meeting the young people would be discussing how to promote year two plan and an action plan would be brought back to the meeting.

5.4 The Youth Council agreed to reporting back progress on their priorities to the Trust. Andy explained that the Police are doing some work around diversity and asked if the Youth Council would work alongside this to deliver the priority.

5.5 The Trust agreed that they were happy with these arrangements.

Action:

To note the information above for future agenda preparation and workshop subject areas.

6. Donny App Update

6.1 Mil talked and presented a paper produced by David Welch about Donny App.

6.2 He said that some time ago the Trust talked about a mobile app and the ideas for it. David has carried out some feasibility work and now wants to know if he can start to make the app. David attended the meeting tonight and wanted to explain to the Trust what can and cannot be done.

6.3 David went on to explain in detail the various ways that the app could work. For example it could be linked to Facebook or the fusion website.

6.4 David and Mil also talked about the content of the app such as the link to the directory of services, transport information and general notices for example.

6.5 After a lengthy technical discussion it was agreed that the majority of members felt that an app was required rather than linking to Facebook as there were some real concerns about the app being available to all whereas Facebook had an age limit to access.

6.6 David agreed to develop a prototype and bring this back to the Trust in a couple of months to see how it works.

6.7 There were also some discussion about the design/logo and also using posters to promote the app once developed. This would be discussed further when the prototype had been developed.

Action:

David to develop the prototype app and for this to come back to the Trust in a couple of months

7. Workshop – Emotional Well Being and Mental health

Presentation – CAHMS

7.1 Chris spoke to Karen Etheridge from Rotherham Doncaster and South Humber Foundation Trust (RDASH) who arranged for Lee Oliver to attend to give a presentation about emotional wellbeing and mental health. Unfortunately Lee has become ill this afternoon and therefore cannot attend. Some questions have been devised however so the Trust agreed to carry on with the workshop following a discussion about people's understanding of emotional wellbeing and mental health.

7.2 Discussion.

Some of the thoughts that were discussed were:

- To help when people are going through suicidal thoughts and breakdown.
- Clinically depressed
- Low lying emotional issues
- Medical
- Anxiety and stress

- Feeling good about yourself or not
- Fine line between emotional wellbeing and mental health
- Mental health professional will do a diagnosis at the acute end, have an assessment but before that stage there are services to look at how you feel.
- Can have good mental health too not just the down side
- Knowing when you feel good and when you start to feel not so good and knowing where to get help
- Diagnosis around mental health but not really about emotional wellbeing
- Control of emotions and how to deal with them
- Different levels of where to get help
- CAMHS can help with things like eating disorders, post-traumatic stress disorder, self-harm, obsessive compulsive disorder, mood disorder, attachment, anxiety, attention deficit disorder and psychosis

7.3 Chris talked about the questions that had been produced and the group split into two groups to discuss both questions.

Workshop feedback

Group 1

Q1 What are the main issues in Doncaster concerning the emotional well-being and mental health of children and young people?

Bullying

Depression

Peer pressure

Family

Child taken from them

Exams

Body – self image

Self-harming

Relationships

Shop lifting

Q2a In regard to promoting positive emotional well-being and mental health amongst children and young people in Doncaster:

a. What are the good things we are doing?

b. What more needs to be done?

People promoting stopping smoking

Electronic cigarettes

Education in schools re drug misuse including smoking

Support in schools

Local GPs

CAMHS

Young people don't know where to go for mental health but do know where to go for stopping smoking and drugs

Fear of not going to the right service. Can some services deter because of age and sex of person helping.

Hard to identify mental health sometimes

Advertising where to go

Worried about others knowing

How do we cope with the people we know having mental health issues as we don't know where to go for support and the affects others health have on you.

Research on internet

Go to church and ask church officials

Samaritans for young people

Group 2

Pressure from exams

Grades being set targets

Year 9 exams

Career choices year 11

Peer pressure

Weight loss and gain

Drugs and alcohol

Self-harm

Good things

The Bridge but didn't know what it was or does and jigsaw also

There isn't enough known about what we do in Doncaster or enough to prevent

Just to have someone to talk to earlier so prevent later mental health. Takes pressure off going to psychiatrist

Schools based around education

NSPCC do have a MSN system – 'There for me'

7.4 Discussion and agreement on how we take this priority forward

7.5 It was thought that we should have the form of service for the lower end issues with the hope that this would prevent the bigger problems

7.2 It was agreed that we need to find a service that Doncaster young people is happy with

8. Dates for future Children's Trust Board meetings 2012

9.1 All meetings to be held from 6pm to 8pm at Elmfield House on the following dates:

25th October 2012

15th November 2012

Any other business

Val handed out a paper with details of the meeting dates for 2013

Val also handed out a briefing note about the work that is going on which is looking at how well partnerships are working in Doncaster and how things might change in the future. This was produced by the Partnership Project Group.

Elaine talked about DARTS having been successful in an Arts Council bid for £2.5m which will be used over the next three years. This money is to increase the number of people in arts activities. Five communities have been identified which are Rossington, Mexborough, Balby, Bentley and some other communities in the east of Doncaster. Other areas will benefit in the future too. Elaine said that the Youth Council members were invited to attend a meeting next week about this. The meeting will be held at the Point from 6-7.30pm on Wednesday 10th October 2012. Elaine asked if a workshop at the next Trust could be used to explore this further.

Eric informed the members that there were some changes to the William Appleby music service which is currently at Carr House Centre. Services will now be held at the Point and there are also links to the Jazz Club.

The Youth councillors told the members that there is a democracy event being held on 15th October.

Future agenda items:

Ideas at how to promote positive images of children and young people – 25th October meeting

Workshop from DARTS - January

Workshops on Emotional Health and Wellbeing and Mental Health and Raising Aspirations and profile of children and Young People

Peer Mentoring presentation from the Youth Councillors – November meeting

Progress updates on all CYPP delivery plans – One priority delivery plan at each Trust meeting

Progress updates on (Inclusion) Strategy for Valuing All children and Young People and Family Support Strategy Implementation Plans

Prototype of the Donny app when developed